

Profile of Jeannie Sim

Jeannie Sim is Founder and Managing Director of THE RETREAT Spa which was established in Singapore in May 1999. Key to the philosophy of THE RETREAT Spa is the belief in the healing power of natural elements in spa practices such as Thalasso, hot stones, aromatherapy, bamboo and mud therapy, carefully performed by practitioners that have been personally trained by her.

Besides managing the Spa, Jeannie is actively involved in the international spa education scene as a CIDESCO examiner since 2008. In Singapore, she is Deputy Chief Judge for assessing local candidates for the World Skills Competition. She is also part of the Workforce Skills Qualification (WSQ) curriculum validation team providing advice for beauty therapy and spa courses.

As a consultant and trainer, Jeannie has helped set up spas around the Asian region including Dragonfly Retreat in China, The Vanilla Spa at 5-Star Renaissance Hotel in Australia and Bamboo Hut in Vietnam. She continues to provide advisory and practical services to aspiring businesses in the spa industry.

Jeannie brings to THE RETREAT a rich and global experience accumulated over 25 years in the beauty and wellness industry. She received training in beauty therapy and spa from international organizations including CIDESCO and International Federation of Aromatherapists (IFA). Jeannie also sits on several committees including the Academic Advisory Committee for Tourism and Hospitality at the Institute of Technical Education Singapore, and also currently holds the position of 2nd Vice President of the Singapore Spa Association.

沈秀兰女士简介

沈秀兰女士是 THE RETREAT 水疗中心的创办人兼常务董事。THE RETREAT 水疗中心是于1999年5月在新加坡成立的。沈女士创办 THE RETREAT 水疗中心时的方针是利用自然元素作为主要治疗的方法。她运用的治疗方法有如海水浴，热石疗法，精油治疗，竹和泥疗法等等。为顾客提供服务的治疗师都是由她本身精心训练和调教出来的。

沈女士除了管理水疗中心之外，她也积极参与国内和国际美容和水疗教育的工作。沈女士不止是国际美容考官也担任了新加坡为参加世界美容技能大赛选拔赛的副首席评判。除此之外，她也是我国美容方面的劳工技能合格证书课程的考官及验证员之一。

身为美容及水疗业的顾问和教官，沈女士帮助了无数亚洲机构建立水疗中心。这包括了中国的悠庭保健会所—Dragonfly Therapeutic Retreat, 澳大利亚五星级酒店里的 Vanilla Spa, 越南的 Bamboo Hut. 此时，她也继续为水疗业机构提供咨询及教育服务。

沈女士把本身在美容业累积了超过25年丰富的国际经验用在经营 THE RETREAT 水疗中心。她也拥有国内及国际美容证书。此外，她也被提名参与许多国内美容业组织的委员会。这包括担任新加坡水疗协会的副总裁，及新加坡技能学院的教育咨询委员之一。